

President's Message

Dear Wednesday Etc. Members,

I hope that everyone has been able to get their first COVID-19 vaccination shot. My experience with this task was quite overwhelming, to say the least, trying to get an appointment scheduled, but I was finally successful. CVS is now giving the vaccine shots.

A big thank you to Barbara Moely for her fantastic New Orleans "Mardi Gras" Zoom Presentation on February 10th. We had a great response from the members. After living in New Orleans for over 30 years, Barbara enlightened us with delightful stories

about the wonderful atmosphere the City brings to the residents living there, as well as, to the many, many tourists who wander through the streets of the French Quarter during their annual Mardi Gras celebration. This year the residents are decorating their houses as the parades have been cancelled due to the COVID-19 virus. Barbara's recipes have been emailed to everyone who joined the Zoom discussion. If you would like copies of the recipes too, please contact Barbara and she will email them to you.

It is that time of year once again to start creating a Slate of Officers for the 2021-2022 Wednesday Etc. Club year. We encourage our members to volunteer for an active role in our Club as a member of the Executive Board or as a Chairperson for any of our Committees listed in our Directory. We would love to have new friends join us, and it is a wonderful way to get to know your fellow members. For more information, please see the special article in this Newsletter.

The February 3rd Executive Board Meeting was successfully held via Zoom with a quorum in attendance. We welcome Linda Freeman as our new Board Secretary, effective March 1, 2021, when our present Secretary Karen McGurk moves to the position of Co-Chair with Lynn Cramer for the position of 1st Vice President/Programs.

The next Zoom Board Meeting is scheduled for Wednesday, March 3, 2021, at 9:00 a.m.

HAPPY ST. PATRICK'S DAY!

May your heart be light & happy,
May your smile be big & wide, &
May your pockets always have a
Coin or two inside!

— Rita Johnson

If you have questions, comments, or suggestions concerning the Club, the Board invites you to let us know by contacting Rita Johnson at rejohnson0308@gmail.com

2020-21 Executive Board

President:
Rita Johnson

1st V. P. Luncheons/Programs:
Lynn Cramer & Karen McGurk

2nd V. P. Membership:
Jo Willis

Secretary:
Linda Freeman

Treasurer:
Barbara Moely

Ways and Means:
Connie Griffin

WIRE/Newsletter:
Ruth Stewart

Reservations:
Arlene Siravo

Community Service/Sunshine:
Connie Griffin

Auditor:
Jo Willis

Advisor/Past President:
Joan Al-Nasser



WEDNESDAY ETC. MEMBERSHIP NEWS

HOORAY! We did it! This past month, we reached our membership goal of 100 members for Wednesday Etc. for the 2020-2021 year with an actual total of 105 members! Thank you for your faithful participation during this difficult COVID-19 pandemic. We welcome returning and new members any time.

If you change your address, phone, or email information, please notify our Membership Chair, Jo Willis at sdcruisers@att.net or (858) 673-9758.

CARING & SUNSHINE NEWS

"Charity of Life is meeting new people and hearing great stories."

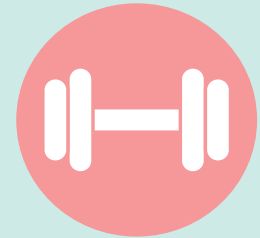
If you know of anyone who is ill or in the hospital, please call or send information to our Sunshine lady, Connie Griffin, (858) 679-0263 or conniegriffin@cox.net.



KEEP IT SIMPLE AND MAKE IT A HABIT!



Wednesday
March 10, 2021
@ 11:00AM



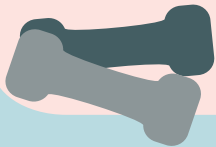
Renee Meyst

Renee Meyst, Certified Fitness Professional and Personal Trainer, will show us how to start, stick with, and enjoy our fitness program. For the first 20 minutes, Renee will give us general information about the 6 components of fitness: cardio, strength, flexibility, core strength, agility, and balance. The remainder of the session will be following along to some simple exercises.

TO PREPARE:

You will need a chair, some weights or filled water bottles or soup cans, and a scarf or stretch band for stretching.

So let's all join in and shape up those bodies that have taken a year long Covid hiatus!



RSVP

RSVP by March 5, 2021 to Lynn Cramer at lynvin63@gmail.com or 858-674-0759 or 858-703-7664 (cell).

Include your name, email address, and phone number.

After you RSVP, you will receive a ZOOM invite email with instructions on how to JOIN THE MEETING.



A FOND FAREWELL

Our wonderful Board Member and friend, Diane Taylor, will be greatly missed when she moves to Houston,



Diane Taylor

her move to Texas. Her forwarding address is 11805 Meadowglen Lane, Unit #1209, Houston, TX 77082.

Texas, in mid-March 2021, to be near her son and family. Diane served two terms as Wednesday Etc.'s Board Secretary, and this term as 1st Vice President, Luncheons & Programs. She has been a tireless and joyful worker for all the Club events and activities and was always there to help whenever needed. We have enjoyed working and playing games with Diane, and we wish all the best for her in

CALLING ALL WEDNESDAY ETC. MEMBERS!

"To Give is to Receive"

Our Election of Officers for the new term, starting in September 2021, is fast approaching - to be held in May 2021! Therefore, the Wednesday Etc. Nominating Committee, chaired by Connie Griffin, is working diligently now to complete a "Slate of Officers," which will be published in the April WIRE Newsletter.

We would sincerely like to invite you to volunteer your time and energy, and to share your ideas and knowledge for the enhancement and future of the Wednesday Etc. Club. We need your help to keep our Club alive and thriving for the enjoyment of everyone. We welcome new faces and ideas always.

If you would like to volunteer to help as a Board Member, or as a Committee Chair, or as an Activity Director, or in any additional capacity, or if you have any questions, please contact Connie Griffin at conniegriffin@cox.net or (858) 679-0263 as soon as possible. The Nominating Committee will be happy to talk to you and let you know how you can help.

The Wednesday Etc. Membership Directory lists the Board positions, all the Committees, and Activity groups for the Club. Hopefully, by September we will be able to resume our Luncheons and Activities.

WHAT HAVE YOU BEEN DOING TO KEEP BUSY DURING THIS COVID-19 PANDEMIC?

Please share your experiences and events during this COVID-19 pandemic with a favorite photo and descriptive paragraph telling how you have been keeping busy. Please e-mail your photo and story to Ruth Stewart, Newsletter Editor, at ruthstew269@yahoo.com, and we will be happy to share your picture and story in our Newsletter.

Nelly Dowlatshahi, a long-time Wednesday Etc. member, became a Guardian Angel for two months when her



Nelly Dowlatshahi

son and daughter-in-law and three grandchildren in Los Angeles came down sick with the COVID-19 virus. The boyfriend of her teenage granddaughter came over for lunch one day and when Nelly's son noticed that the boyfriend was not feeling well, he asked him to get tested for COVID-19 and he tested positive. Then Nelly's son and family all came down sick with the COVID-19 virus. Nelly went to Los Angeles and stayed with her sister, who lives near her son and his family. Nelly was very worried as they were all very sick and couldn't go out or talk much. She couldn't go visit them, so she helped by cooking their meals and brought the food and anything they needed (wearing a mask) and left it on their front doorstep, and tried to see them behind the windows. Her grandchildren recovered quickly, but her son was very sick and they had to take him to the ER, but he was turned away as there was no room for him. Nelly said, "the only thing I could do was pray for my son. He is better now, but still recovering with a cough. I am very thankful that my son and his family are doing well, and I pray no one goes through what I went through for two months." Love you all and God bless you. — **Nelly.**

OTHER GAME SUGGESTIONS?

Here is how to play Mah Jongg online:

- Go to the App store and load Real Mah Jongg on your computer or iPad. You will be instructed to purchase the App for \$6.99 for unlimited play. (Really worth it!)
- You will have to choose a game name for yourself.
- When the game comes on, go to New Game Setup. You can either play with others or the computer.

That's all there is to it! Enjoy!
Call Lynn Cramer with any questions
at 858-674-0759.